

I Dare You

Module: Connected

Lesson 2: Connected to the Body of Christ

Objectives:

Students will

- learn that we've been created to be in community
- discover that we can only be whole by being part of the body

Materials Needed

- ☐ Bible
- ☐ Stay Connected Commercial¹
- ☐ Minefield Game²
- ☐ Materials for obstacle course such as chairs, tables, cones or even students
- ☐ Newscast Clip of Blind Skier³
- ☐ Computer with a Projector
- ☐ Commonalities Game⁴

¹ <http://www.youtube.com/watch?v=kkltVklIulw>

² <http://wilderdom.com/games/descriptions/Minefield.html>

³ <http://www.youtube.com/watch?v=omoiNx4kt3A>

⁴ <http://www.group-games.com/team-building/commonalities-and-uniquities.html>

Minds On

Watch the commercial “Stay Connected.” Ask students if they know why God created Eve (Look at Genesis 2:18 for the answer).

Say something like: God created Eve because God knew that Adam needed someone else to be his helper. Adam was not complete on his own but needed a suitable helper to make him whole. In the same way, God created us to be part of a community and it is only in a community that we can be made whole. Commercials about staying connected tug at our hearts because we know that we need to be connected and want to be connected to others.

Have two volunteers come up to the front and have them play the game called “Mine Field.” One person is blindfolded and is not able to speak while the other person can see and speak but can only give verbal directions. The blind folded person must move through an obstacle course by listening to the instructions of the other.

After the activity is done, ask the blind and mute person to describe what it felt like not being able to see or talk. Ask the other student how it felt being able to see and talk but not actually move. Say something like: In many ways, we are incomplete on our own and need others in order to be complete. We are only a part of the body but are not whole in ourselves.”

Action

Read 1 Corinthians 12:14-27.

After reading this passage ask students these questions or if you have the time, watch the clip of a news cast where a blind skier has to trust the guidance of her husband.

Ask questions such as:

- How does this passage relate to the game/clip? (We cannot do it on our own and need others to help us)
- Whose body is this passage talking about? (Christ's)

- What would happen if we were all an ear? How would it affect the body? (We cannot function properly as the body, the body would be incomplete.)
- What happens when part of the body suffers? (The whole body suffers.)
- Why do you think Paul uses the body as an example to describe the church?

Say something like: If we are all parts of the body and not the whole body, it is very important that we stay connected to the body in order for us to grow. We cannot do it on our own but need the rest of the body of Christ to grow in our faith.

Have students break off into two groups and go through the activity called, “Commonalities and Iniquities.” The point of the game is to illustrate two concepts. We have more things in common than we realize and yet at the same time are able to contribute to the group in very unique ways.

Consolidate/Debrief

Say something like: God has made us part of the body of Christ so that we can rely on one another to grow in our faith. We need each other to grow because on our own we are only part of the body: incomplete. Body parts have specific skills and talents to help other parts of the body. In the same way, God has given each of us specific skills and talents to help the whole body of Christ grow.

Ask

- What skills or talents do you contribute to the body of Christ?
- How can we be connected to the body?

Close in prayer, focussing on each person’s unique and important part in the whole group.