**BREATHE: FOLLOWING JESUS IN THE DAY TO DAY**

Following Jesus isn’t just an abstract concept. It intersects with practical, day to day occurrences. Sometimes, it’s in the tough everyday issues that following Jesus may seem the hardest. In almost all our day to day events, it involves people.

In this module, students will tackle four specific issues:

* self image
* stereotypes
* healthy interactions with people
* social media

May God help your students to see who they are in his eyes, see others as God sees them and to engage in healthy relationships with one another.