

# **Breathe**

## **Module: PLAYING THE GAME**

### **Lesson 2: PART OF A TEAM**

#### **Objectives:**

- Students learn that we are meant to use our gifts as part of a unit.
- Students understand the importance of working together cooperatively.

#### **Materials Needed**

- ☐ 2-3 musicians and their instruments OR 2-3 different mp3 players with songs
- ☐ Bibles
- ☐ Chart paper, markers

## **Minds On**

Start with a game called “The Human Knot”. If your group is big enough, divide into smaller groups of around 10. Have each group stand in a circle and cross their right hands across the circle to grasp hands with someone on the other side. Do this again with the left hands. Each person’s arms should be making an “X” and grasping the hands of someone across the circle. Now try and untie the knot! The only rule is that you cannot let go of the person’s hands you are holding!

**Leader’s Note:** If you would prefer a game with less physical contact, you might want to consider a different type of team based activity like a trivia contest. Have a prize lined up for the team that works best together. The point you are trying to communicate is that the group has to work together for them to be successful.

Next, invite 2 or 3 musicians to the front with their instruments. Ask them each to play their favourite worship song simultaneously (instruct them beforehand to each play a different song). Stop them as soon as you see fit.

**Leader’s Note:** If your group is lacking in musicians you could have people play their favourite songs on their phones or other means. The point is to cause a cacophony of people trying to do their own thing instead of working together.

## **Action**

**Prompt:** During the first game (i.e. human knot) we saw how effective it was to work as a unit towards a common goal. We each wanted to untie the knot (or be the most knowledgeable team), and so we worked together, sometimes taking the lead, sometimes taking the back seat, until our goal was completed. In the second activity, we heard how it sounds when each person just does whatever they want without thinking what the other people are doing.

Have a volunteer read 1 Corinthians 12:21-31a.

**Think/Pair/Share:** In pairs, have students summarize the passage in one sentence. (e.g. “As the church, we all have different roles that function and complement each other.”)

In each pair, assign each student #1 or #2. Have all the 1s gather and the 2s gather. (If the group is too big, you can split them down into groups of 4). Within 5 minutes, have the 1s write down on chart different strategies to help a team work together well, and the 2s write down all the obstacles that keep a team from working together well. After 5 min., have each group trade papers. Then each group will check off the ones they agree with (and place an X next to the ones they don’t agree with). After 1 min., post both papers on the wall and compare the answers.

**Prompt:** Knowing what we know from our chart, what are some of the ways we can work together within the church to better accomplish God’s mission?

Have someone record their answers.

Leader’s note: You may want to e-mail students with this list after your session or post in online in some way.

(Optional) **Prompt:** The scripture we read talks about how you should not hold one gift as being better or more valuable than the rest; but it also says that we should “desire the greater gifts”(NIV). What’s the difference between desire and jealousy? How can we desire other spiritual gifts without thinking less of our own?

(You may want to leave it as a rhetorical question or you may want to take answers.)

## **Consolidate/Debrief**

**Prompt:** The strength of the church is in the unity of the body of Christ. We won't always agree, we won't always get along, but at the end of the day we can encourage one another and use our gifts together in unity.

Have a volunteer read Hebrews 3:13.

**Breathe In:** Challenge students to read Hebrews 3:13 at least three times this week.

**Breathe Out:** Have students gather in a circle and have each person say why the person to their left is an important member of the group.

Close in prayer.