

I Dare You

I Dare You ... Towards Intimacy

Objectives:

As a result of this lesson, students will be able to:

- define a "dare" as an activity carries a sense of danger/risk to oneself
- identify intimacy as a vulnerable relationship with another person

Materials Needed

- ☐ 1 Bible per 4 students
- ☐ 1 deck of playing cards (if more than 52 students, then add appropriate number of cards or decks, so that each student gets one card)
- ☐ Pens
- ☐ Scrap paper
- ☐ 2 chart papers with the following:
 - Genesis 2:18-25
What did it mean for Adam and Eve to be naked and feel no shame?
 - Genesis 3:1-10
Why did Adam and Eve hide and feel shame?

Minds On

Each student takes a playing card. Ask participants to gather in their #s groups (all 2s together, 3s together, etc.). They will play one round of “truth or dare”; ensure that all dares or truth questions are clean and appropriate. Each person in the group takes a turn, however allow those who’d like to pass to do so.

Action

In those same groups, each person comes up with one dare they would never do (again, keep it clean). The group votes on which one is the “greatest dare”. They are also to come up with a definition of a “dare” (i.e. what defines a dare). They have three minutes to do that. Each person needs to be prepared to share their group’s response with their “suit” group. (See below.)

Now, have students meet in their “suit” groups (i.e. all “hearts” together, all “clubs”, etc.; if there are more than 40 people, then suggest they split into “even-hearts” -- i.e. all hearts with 2, 4, 6, etc. -- and “odd-hearts”, “even-clubs”, “odd-clubs”, etc.) Each person shares their #s group’s greatest dare and their definition of “a dare”. The suit group votes on which dare is the hardest and refines the definition of a dare. After five minutes, gather the students into a large group and have them report on their answers. Finalize a group definition of “dare” (Leader’s note: One suggested definition, adapted from dictionary.com is “an act which requires the necessary courage or boldness for something”).

Have students return to their #s groups. Even-numbered groups will read Genesis 2:18-25 and answer the question "What did it mean for Adam and Eve to be naked and feel no shame?" Odd-numbered groups will read Genesis 3:1-10 and answer the question "Why did Adam and Eve hide and feel shame?" They have eight minutes to complete the task. Each person needs to be prepared to share their # group’s answer with their “suit” group.

Returning to their suit group from before, answer the question "What did you discover in your group? Why the difference between the two passage?" (Leader’s note: A suggested answer is “In Genesis 2, Adam and Eve were transparent with each other and were not afraid of being who they were. In Genesis

3, because of sin and the fear of being rejected due to wrong-doing, they were no longer transparent with each other.”)

Consolidate/Debrief

Say something like:

We defined a dare as an act that requires the necessary courage or boldness to complete. Being naked or transparent with someone can make you feel very vulnerable. When you confide in your best friend, you trust that person with the most sensitive aspects of your life which can be risky. But when God says, "I knew you before you were formed", it can be intimidating to know that God knows every little bit about you, even the stuff you try to hide from others. The good, the bad and the ugly.

CBOQ Youth's theme this year is "I Dare You" to become intimate with Jesus, to share with him the most vulnerable thoughts you keep to yourself, and to know him better than your best friend, better than your family. It's one of the riskiest things you'll ever do. But once you enter that relationship with Jesus, it can be the most freeing experience you'll ever have.

Two posters were given with this curriculum: one with thoughts already in the bubble and one which features an empty thought bubble. Allow students to take time, either during the end of this lesson or during an extended period of time (i.e. months) to write in the empty bubble some pressing or urgent thoughts they have.