

Contagious Behaviours – Overview

Teen culture is probably one of the most visibly growing trends there are. Teens naturally want to “do” what other teens are doing. They want to “be” where other teens are. They want to “look” like the going trend. In this module, teens will take a deeper look at why this is, and how contagious behaviours are not just something to be followed but also something that can be lead. They will also learn how Jesus was a Trend Setter and how they can be a Trend Setter too.

Lesson 1, **Catching a Good Wave**, helps students to get thinking about contagious behaviours, good or bad. The way in which we can have an impact through positive contagious behaviours is explored.

Lesson 2, **Jesus the Trend Setter**, helps students to see Jesus in a different light. Students learn about how Jesus was a trend setter and was able to positively impact those around him.

In lesson 3, **Don't Catch a Wave. Make a Wave**, students work on the practical application of things learned in the previous two lessons. The focus is to help students be trend setters for positive and contagious behaviour.

If you want to add some extra fun to this module, you might consider informing students that each week for the next 3 weeks they are free to come dressed in a different trend/theme.

These are some suggested dress themes that connect to the lessons in this module, but as leaders you may come up with your own:

Week one: ***“Faux-halks and Funk”***

Week two: ***“The Hippy Sixties”***

Week three: ***“Cowboys and Western”***